

# BUCKEYE UNION HAPPENINGS

AUGUST 2023 - JANUARY 2024

## A LOOK AHEAD

January 15 MLK Day  
January 17 Board Meeting  
January 22 Staff Development Day  
February 7 Board Meeting  
February 19-23 Mid-Winter Break  
February 28 Board Meeting  
March 6 Board Meeting  
March 11 Staff Development Day  
March 13 Heritage Festival  
March 20 Board Meeting

## ANNOUNCING...

**August 8, 2024 First Day of School**  
[2024-2025 Student Calendar](#)

## WHAT'S GOING ON AROUND TOWN?

[Cameron Park CSD](#)  
[El Dorado Hills CSD](#)  
[Village Life](#)  
[Apple Hill](#)  
[El Dorado Hills Town Center](#)  
[Visit El Dorado County](#)



The logo for Buckeye Union School District, featuring a stylized green leaf and a brown branch.  
**BUCKEYE UNION SCHOOL DISTRICT**

5049 Robert J. Mathews Parkway, El Dorado Hills, CA 95762

Phone: 916-985-2183 or 530-677-2261 Fax: 916-934-0920 [www.buckeyeusd.org](http://www.buckeyeusd.org)

# Please Join Us!



**Wednesday, March 13th**  
**5:30PM-7:30PM**  
**Blue Oak Elementary School**

## Committee Volunteers

For those interested in helping plan the event, set up and clean up the day of, etc.

## Booths

We need families/clubs/organizations to host a booth to showcase their heritage through food, art, clothing, etc. "Travelers" will visit each booth to learn and get a stamp in their passport.

## Performers

We are looking for 3-4 performances for the event. If you know a dance company or other fit for the Heritage Festival, let us know!

## Classroom Projects

If you're a classroom teacher looking to showcase a class project about a certain culture, country, etc- we'd love to share your students' work!



# VOLUNTEERS NEEDED

Please email Annie Muse-Fisher, BUSD EL Coordinator at [amusefisher@buckeyeusd.org](mailto:amusefisher@buckeyeusd.org) if you are interested in volunteering.  
Thank you!



# ANNUAL ORGANIZATIONAL MEETING DECEMBER 13, 2023

*We are  
Buckeye!*



Thank you to our 2023 Board President, Gloria Silva, for your hard work and commitment to Buckeye Union School District this year!

**2024 BOARD CALENDAR**

## INTRODUCING YOUR BUCKEYE UNION SCHOOL DISTRICT 2024 BOARD OF TRUSTEES

Jon Yoffie, Board President  
Scott Masten, PH.D., Clerk



Brenda Hanson-Smith, Ph.D., Member  
Kirk Seal, Member  
Gloria Silva, Member

### DISTRICT VISION

IT IS THE VISION OF THE BUCKEYE UNION SCHOOL DISTRICT TO PROVIDE THE HIGHEST QUALITY EDUCATIONAL PROGRAM FOR ALL STUDENTS, SO THAT THEY FULFILL THEIR INNATE POTENTIAL, BECOME LIFELONG LEARNERS, AND CONTRIBUTE TO SOCIETY AS RESPONSIBLE CITIZENS.

# GET INVOLVED!



Parents / Guardians,

The District is looking for 2(+) parent volunteers to serve on each of the following Buckeye USD Committees. **If you are interested, please contact your principal.**

## **District Budget Advisory Committee**

Annually, the District convenes a Budget Advisory Committee. The committee is facilitated by the Assistant Superintendent, Administrative Services and is made up of educational partners from across the District. The committee functions to develop an understanding of the District's financial position as well as to serve as an advisory resource to the Superintendent and/or Board of Trustees. Committee meetings are open to all interested parties. This committee will meet and discuss the District Budget, including the budget development process, State and Federal funding models, and the prioritization of District expenditures. To learn more about the Budget, please visit our [Budget](#) page and our [Budget Advisory Committee](#) page.

- **2023/2024 Meeting Dates: 1/24/24 and 5/29/24 (4pm-5:30pm)**

## **District LCAP Advisory Committee**

This committee will meet and discuss the District Local Control Accountability Plan (LCAP), including a review of progress, ongoing needs assessment, goal setting, and the funding of activities related to the District's goals, which are aligned with the State's 8 priorities for public education. To learn more about the LCAP, please visit our [LCAP](#) page.

- **2023/2024 Meeting Dates: 1/31/24 and 5/22/24 (4pm-5:30pm)**

## **DISTRICT MISSION**

WORKING TOGETHER WITH FAMILIES, THE COMMUNITY, AND HIGHLY QUALIFIED STAFF, THE BUCKEYE UNION SCHOOL DISTRICT ENSURES THAT EACH STUDENT MASTERS THE KNOWLEDGE AND SKILLS NEEDED TO MAXIMIZE THEIR ACADEMIC AND PERSONAL SUCCESS IN A GLOBAL SOCIETY.

# BUCKEYE UNION - IN THE NEWS!



September 13, 2023

The Rotary Club of El Dorado Hills honors Valley View Charter Montessori student, **Madison Tucker**, as Student of the Year.

[FULL ARTICLE](#)



November 8, 2023

The Rotary Club of El Dorado Hills honors Rolling Hills Middle School student, **Grace Bolognini**, as Student of the Year.

[FULL ARTICLE](#)



# DISTRICT HAPPENINGS

## BUSD Principals attending PBIS Training



Positive Behavioral Interventions and Supports (PBIS) is an evidence-based, tiered framework for supporting students' behavioral, academic, social, emotional, and mental health. When implemented with fidelity, PBIS improves social emotional competence, academic success, and school climate. It also improves teacher health and wellbeing. It is a way to create positive, predictable, equitable and safe learning environments where everyone thrives.



**FALL**  
**COFFEE &**  
**CONVERSATION**

That's a wrap!  
Fall coffees have  
concluded!

Superintendent  
Roth will visit each  
site again in the  
spring!







# HALLOWEEN FUN



BLUE OAK



VALLEY VIEW



BUCKEYE

ROLLING  
HILLS



SILVA VALLEY



CAMERADO SPRINGS



WILLIAM  
BROOKS



OAK MEADOW/BUMI





# BUSD STAFF HAVING SOME HALLOWEEN FUN, TOO!



## VALLEY VIEW

DISTRICT OFFICE  
FITNESS BARBIE  
BUSINESS BARBIE  
WESTERN BARBIE

## WILLIAM BROOKS



Barbie



BLUE OAK



BUCKEYE



# DISTRICT HAPPENINGS

## FALL AND WINTER BAND CONCERTS



ROLLING HILLS

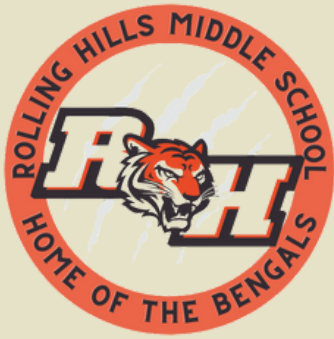


VALLEY VIEW



CAMERADO  
SPRINGS





# ROLLING HILLS SCHOOL HAPPENINGS

Sac State Aquatic  
Center Field Trip  
6th grade team  
building



7th graders  
at the  
Corn Maze  
and  
Pumpkin Patch





# VALLEY VIEW SCHOOL HAPPENINGS



Patriot Day  
Assembly



Walk to  
School  
Day







# ROLLING HILLS SCHOOL HAPPENINGS

## Fecal Transplant Sample Dissection Lab



### Types of Bacteria:

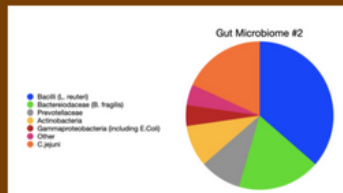
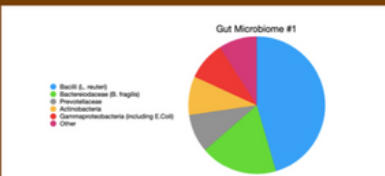
- Bacilli (L. reuteri) - **green**
- Bacteroidaceae (B. fragilis) - **purple**
- Prevotellaceae - **blue**
- Actinobacteria - **pink**
- Gammaproteobacteria - **yellow**
- C. jejuni - **orange**
- C. difficile - **red**
- Other - **white**



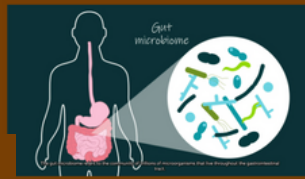
### Playdough ingredients:

- 2 cups all-purpose flour
- 3/4 cup salt
- 4 teaspoons cream of tartar
- 2 cups lukewarm water
- 2 Tablespoons of vegetable oil (coconut oil works too)
- Food coloring, optional (I like **Wilton gel food coloring** or **AmeriColor gel**)
- Quart sized bags

### Types of Microbiomes:



Which type of microbiome best matches your sample?



## GATE Zombie Escape Room







# WILLIAM BROOKS SCHOOL HAPPENINGS

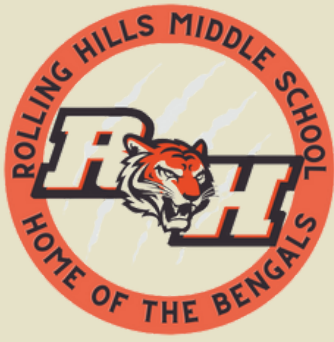
Students making  
spice mix in their  
school garden



Good Day Sacramento Video Clip - William Brooks Elementary garden happenings, growing their own food, pumpkins, composting, Farmer's Market, and a create-your-own spice mix day!







# ROLLING HILLS SCHOOL HAPPENINGS

Rolling Hills jazz band performed and Life Skills students made and served cookies to local seniors.







# CAMERADO SPRINGS SCHOOL HAPPENINGS

Lunchtime  
Dunk contest  
organized by the  
Leadership Class



**SLAM  
DUNK**



Hands4Hope had their  
annual Blanket Making  
Event.

What a great cause!

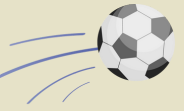




# DISTRICT HAPPENINGS - ATHLETICS



2023  
Unified  
Soccer  
Tournament  
Hosted at  
Blue Oak  
Elementary



BASKETBALL



SOCCER



VOLLEYBALL  
CHAMPIONS!



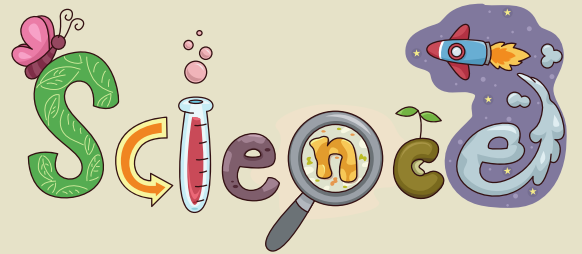
CROSS  
COUNTRY





# CAMERADO SPRINGS SCHOOL HAPPENINGS

Electromagnetic  
pan lab in 8th grade  
Science.



States of matter lab, dry ice,  
and Halloween fun!





# Buckeye Education Foundation's 4th Annual Virtual Art Show!

This year's theme: California Dreamin'

We want to express our heartfelt thanks to all the students in our Buckeye Union School District who shared their art with our community to showcase what they love about our "golden state" and what they treasure about life here in California. An incredible 150 works of art are featured in our [2023 Art Gallery](#)! Congratulations to our 2023 selected artists!

TK/ Kindergarten - "Sunrise Bridge" by Gwendolyn Zimlich

1st Grade - "Mountains and Sunsets Too" by Adam Crean

2nd Grade - "California Collage" by London Schnell

3rd Grade - "The California Poppy" by Emily Moon

4th Grade - "Fireworks Near the River" by Sara Wang

5th Grade - "Fruit of California" by Clara Ahn

6th Grade - "Golden Horizons" by Sachi Nanda

7th Grade - "California Bengal" by Valentina Cheng

8th Grade - "California Beauty" by Dakota Alfaqih



BUCKEYE EDUCATION  
FOUNDATION

**A BIG THANK YOU TO  
Buckeye Ed Foundation President,  
Melissa Keyzer (shown right)**



[Get the details!](#)

**READ MORE ABOUT US HERE**  
AND TO LEARN MORE ABOUT US, NEWS AND EVENTS,  
AND WAYS TO GET INVOLVED!

Proudly serving the award-winning TK - 8th grade schools of the Buckeye Union School District.





# COUNTY HAPPENINGS



## El Dorado County Sheriff's Office

...

The El Dorado County Sheriff's Office has developed a new Kindergarten through Sixth grade youth engagement program called S.C.H.I.E.L.D. (Safeguarding Children through Healthy Initiatives, Education, Law enforcement, and Deterrence). SCHIELD has been visiting elementary schools throughout El Dorado County. This program is intended to create positive relationships between elementary students and the El Dorado County Sheriff's Office. SCHIELD Deputies have been instructed and trained in the newest D.A.R.E. (Drug Abuse Resistance Education) curriculum to assist youth with healthy choice options. SCHIELD Deputies have presented safety related topics to our youth and intends to deliver the D.A.R.E. curriculum to age appropriate students.

SCHIELD Deputies Aaron Campora and Keith Dougherty have visited several elementary schools including Pioneer Elementary, Pinewood Elementary, Georgetown Elementary, Buckeye Elementary, and Camino School to date. SCHIELD Deputies plan to have a presence at each of our elementary schools in the future.







Calming the Chaos of Mental Health Care.

The Buckeye Union School District fosters a culture that promotes the health, safety, and well-being of students, parents and staff. In an effort to continuously support this commitment, the district has partnered with Care Solace. Care Solace is An online resource with a live 24/7 concierge meant to assist individuals in finding local mental health related programs and counseling services.

**24/7 NUMBER: 888-515-0595**

[LETTER TO BUSD FAMILIES \(ENGLISH\)](#)

[LETTER TO BUSD FAMILIES \(SPANISH\)](#)

[CARE SOLACE WEBSITE FOR BUSD \(FOR SELF REFERRALS\)](#)

Mental health services in schools include a broad range of services, settings, and strategies. Psychological and mental health services in schools are designed to improve instruction and coordinate and evaluate plans to meet unique individual needs for learning or behavior problems. BUSD utilizes a multi-tiered system of supports (MTSS) to design prevention and intervention programs. BUSD provides crisis intervention, suicide prevention, and other mental health strategies as part of a student support services team. Mental health services that are provided at BUSD may include academic counseling, brief interventions to address behavior problems, assessments, and referrals to other systems.

Students may access Mental Health Services through the classroom teacher, administration, health clerk, or any of the personnel on campus.





## Signs your mental health needs attention

- Feelings of hopelessness and worthlessness
- Difficulty communicating or maintaining relationships
- Eating too much or too little
- Less attention to personal hygiene or appearance
- Low energy levels
- No interest in activities usually enjoyed
- Self-harm — for example, cutting or burning
- Obsessing over outward appearance
- Purging after overeating
- Feeling guilt over food consumption
- Expressing bizarre ideas or paranoid thoughts
- Experiencing hallucinations, such as hearing voices
- Increased irritability, anger, or hostility
- Trouble staying focused and experiencing racing thoughts
- Overly interested or involved in risky activities
- Substance use
- Slowed thinking, speaking, or body movements
- Poor school performance or frequent absences from school
- Talking fast about a lot of different things
- Inability to sit still
- Thinking about death or having thoughts of suicide
- Extreme self-consciousness or sensitivity to criticism
- Recurring fears and worries about routine parts of everyday life
- Chronic complaints about stomach aches or headaches
- An inflated sense of ability, knowledge, and power

## National Crisis Helplines

Suicide & Crisis Lifeline.....988  
 National Helpline.....Text 'HELP' to 1-800-622-4357  
 Crisis Text Line.....Text Help or Hello to 741741  
 Trevor Project Text Line.....Text 'START' to 678-678

## Community Resources

### El Dorado County Behavioral Health

- Crisis Hotline: 530-622-3345
- The general line from El Dorado Hills: 916-358-9555 x6290
- Local number: 530-621-6290
- 768 Pleasant Valley Rd., Suite 201, Diamond Springs, CA 95619
- [\*\*EL DORADO COUNTY BEHAVIORAL HEALTH WEBSITE\*\*](#)

### Suicide Prevention Resources

- [\*\*SUICIDE PREVENTION AND RESPONSE\*\*](#)

## What helps your mental health

### Meditation:

Quiet your mind and thoughts in a calm environment.

### Mindfulness:

Bring your attention to your surroundings.

### Physical Activity:

Include your favorite physical activity in your daily routine to improve your sense of wellbeing.

### Breathing Exercises:

Calm your mind with breath. Try 4-7-8 breathing. Breathe in 4 seconds, hold your breath for 7 seconds, and exhale for 8 seconds.

### Grounding Skills:

Find five things you can see, four things you can touch, three things you can hear, two things you can smell, and one thing you can taste.

### Journaling:

Write down all your thoughts and experiences to help process and make sense of them.

### Self-Compassion:

Self-compassion is the ability to treat yourself with kindness and understanding, like you would treat a dear friend.

### Connect With Others

Spend time with friends and loved ones or seek therapy. Care Solace is a free resource that can help you find a therapist in your local community.



## What doesn't help your mental health

- Avoidance and procrastination
- Substance abuse, self medicating with substances, or other unhealthy habits
- Violence and abuse
- Hurting yourself or others
- Disconnecting from your thoughts and emotions
- Thinking about the worst-case scenario
- Isolating yourself from your support system
- Not talking about it with a trusted adult